



# Maine Substance Use Prevention Internships

## Information for College Students

Across the state, community coalitions partner with law enforcement, schools, parents, youth, social service agencies, businesses, and local/state governments to provide effective health promotion efforts for people across Maine. Maine Prevention Services is a statewide grant project promoting healthier lifestyle choices for youth and young adults through effective prevention.

**Prevention efforts include substance use prevention, tobacco prevention and cessation, access to mental health services, food security, chronic disease prevention, and youth development.**

### What can substance use prevention internships look like?



- Attend and help facilitate community events and trainings;
- Apply skills to community based work (e.g., data analysis, social norms marketing, evaluations, presentations);
- Work with a team of professionals exploring ways to improve their communities;
- Assist in creating prevention focused materials and social media;
- Design and work on individual and group projects with prevention professionals

### Prevention Skills

- Community Organizing
- Communication
- Public Policy & Environmental Change
- Planning and Evaluation
- Prevention Education & Information Dissemination
- Professional Growth & Responsibility

Internships can help you build a network of public health contacts for employment or letters of reference after graduation.

Plan ahead! Begin your inquiry early.



To learn about agencies offering substance use prevention internships email: [unesubstanceuseprevention@une.edu](mailto:unesubstanceuseprevention@une.edu)



**MAINE  
PREVENTION  
SERVICES**

Maine Center for Disease Control & Prevention  
Department of Health and Human Services